MONAGHAN GAA

Coaching & Games Development Coach Education February – April 2015



Monaghan Coaching & Games Development will be running a series of Coach Education courses this spring.

The schedule for the courses is planned as follows.

Foundation Award

March 6th/ 7th Football **Venue:** Northern Region

March 13th/ 14th Football/ Hurling **Venue:** Mid Monaghan Region

March 27th/ 28th Football **Venue:** Southern Region

Online Course April Date for Practical & Child Protection TBC Football/ Hurling Venue: TBC

Time Friday: 7pm – 10pm Saturday: 9.30am – 4.30pm

Cost: €30 Venue: TBC (*IF A CLUB WISH TO* HOST A COURSE GET IN TOUCH ASAP)

Note: Beginner course for all age groups. All coaches MUST complete Child Protection Workshop (Friday) to complete Foundation Award

Level One

February 13th/14th *Child (Football)* Venue: TBC

February/ March 27th/ 28th Feb, 1st March *Youth Adult (Football)* Venue: Aughnamullen

Time

Friday: 7pm – 10pm Saturday 9.30 – 6.00 (Child) Saturday 9.30- 4.30 (Youth/Adult) Sunday 9.30 – 4.30 (Youth/Adult)

Cost: €55 (based on approx. 15 coaches attending) Venue: TBC (*IF A CLUB WISH TO* <u>HOST GET IN TOUCH ASAP</u>)

Note: All Coaches must have completed the Foundation Award before doing Level One

Level Two

February/ March

A Level Two Award will take place in February/ March time is there enough coaches interested in completing the award.

It is important if coaches are interested in completing the award to express their interest into us as soon as possible so course dates and a venue can be arranged with Ulster GAA.

It is possible this course will be run in conjunction with Cavan GAA

A Level One Hurling Course will be held on a regional bases in conjunction with Armagh, Cavan and Fermanagh depending on the interest of coaches completing this award.

Incentives for Clubs **Foundation** If a club gets 4 coaches attending a course, one will be for free. (4 coaches for the price of 3).

Level One

If a club gets 4 coaches attending a course, one will be for free. (4 coaches for the price of 3).

For further information please contact Patrick McCarron 087 216 3580 / gda.monaghan@gaa.ie

Could all coaching officers or anyone interested in completing a Coaching Course please provide the information needed which can be seen below. Please note this changes from what type of course the coach wants to complete. If you have any questions please do not hesitate to contact either Paul O'Connor (developmentmanager.monaghan@gaa.ie) or Patrick McCarron (gda.monaghan@gaa.ie) and they will be glad to help.

CLUB NAME					
FOUNDATION LEVEL (Football/ Hurling)					
Name	Football or Hurling or Both	<i>Traditional Course (Fri/ Sat) or Online Course</i>	Venue (North, Mid or South)	Mobile	Email
Level One Award	(Football/ H	urling)			
Name	Football or Hurling or Both	Child or Youth/ Adult		Mobile	Email
Level Two Award	(Football/ H	urling)			
Name	Football or Hurling or Both	Child or Youth/ Adult		Mobile	Email

MONAGHAN GAA

Coaching & Games Development Coaching Workshops February – April 2015

Targeting all Club Coaches U14 – Senior All Workshops are FREE OF CHARGE

COACHING ATTACKING PLAY IN FOOTBALL

TIME: 7.30pm – 9pm

DATE: Monday 2nd March **VENUE:** Tyholland GAA Grounds **TUTOR:** Tony Scullion & Roger Keenan (Ulster GAA) **DESCRIPTION:** This is a practical based session which is open to all coaches. It will look at a variety of drills & small sided games that promote good attacking play.

PERFORMANCE ANALYSIS: A BASIC INTRODUCTION

DATE: Wednesday 11th March **TIME:** 7.30pm – 9pm VENUE: Monaghan GAA Center of Excellence, Cloghan **TUTOR:** Patrick McCarron (Monaghan GAA) **DESCRIPTION:** This is a basic introduction into performance analysis, what you should cover on a game day and a brief overview on a number of methods used to collect and present your stats.

GOALKEEPING WORKSHOP IN FOOTBALL

DATE: Monday 16th March **TIME:** 7.30pm – 9pm VENUE: Monaghan GAA Center of Excellence, Cloghan **TUTOR:** Paul Callaghan (Ulster GAA) **DESCRIPTION:** This outdoor practical session will demonstrate best practice in both football and hurling goalkeeping. It is open to all coaches.

COACHING DEFENSIVE PLAY IN FOOTBALL

TIME: 7.30pm – 9pm

DATE: Wednesday 25th March **VENUE:** Drumhowan GAA Grounds

TUTOR: Tony Scullion & Roger Keenan (Ulster GAA)

DESCRIPTION: This is a practical based session which is open to all coaches. It will look at a variety of drills & small sided games that promote good defensive play.

