

MONAGHAN GAA

Coaching & Games Development

Positive Mental Health Week



GAA Gold

Date: *Friday 10th October*

Venue: *Cloghan*

Time: *7.30pm – 9.30pm*

Monaghan GAA are organising an evening of light entertainment for the older generation with the hosting of a GAA Gold event. We plan to show a re-run of the 1985 National League Final when Monaghan defeated Armagh. The match will be followed by a discussion with a few of the men directly involved in the game. Light refreshments will be served on the night. The event is targeting our older generation particularly the men. The evening is being run as part of the national Positive Mental Health Week campaign. It is a great opportunity to come re-live some nostalgic memories and here the thoughts of some of the people directly involved in the game. It would be great to see a good crowd on the night, so spread the word and we look forward to seeing you all on the night.

Timetable for the evening.

7.30pm	Refreshments
7.45pm	Monaghan v Armagh 1 st Half (on big screen)
8.20pm	Short Break
8.30pm	Monaghan v Armagh 2 nd Half (on big screen)
9.10pm	Interview with GAA Personality
9.30pm	End of the evening



Mental Health Ireland
Supporting Positive Mental Health

Monaghan GAA Coaching & Games
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